

Community Connect

Crossmolina
Eskeragh
Keenagh
Kilmurry

crossmolina.ie

Your local updates in the Parish of Crossmolina

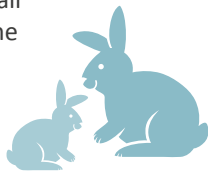
Issue 1 | April 2021



> Easter Greetings

Welcome to this first edition of Crossmolina Connect. It will be an excellent means in keeping us in touch with events and happenings in our parish community. It will help in bringing our parish together in so many ways.

On behalf of Fr Gabriel and myself I wish you all a very happy Easter and pray God's blessing on you all in this very difficult time of pandemic. We look forward in hope to better days.



Father Francis



Keep a look out here for information on classes, demonstrations, and training. We are working on a variety of subjects to suit mixed interests and will host them when it's safe to get together.

Crossmolina
Community Council CLG

How to contact us!

☎ 096 30935

✉ info@crossmolina.ie

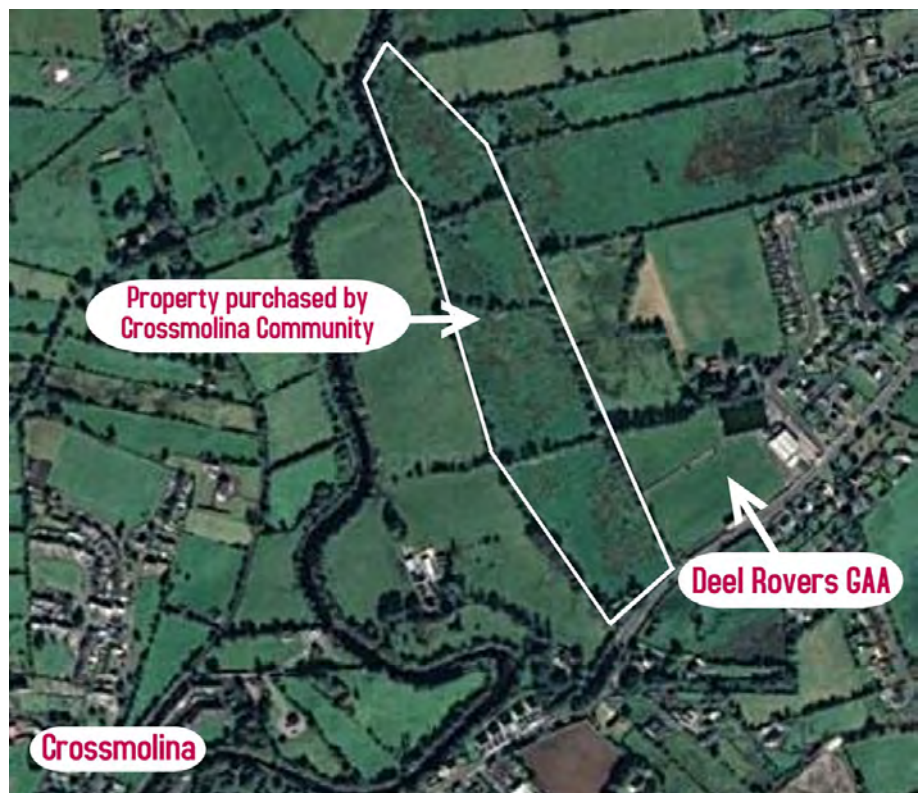
Reg charity no. 20048471

Welcome

Welcome to our first *Community Connect* from Crossmolina Community Council CSP. We decided to produce this to keep in touch with the people in our community, especially the older members. It will be published monthly, and we will be looking for suggestions, photos, news and in return we will provide information and advice that we hope will help and support you in your daily lives. We are starting with a single sheet and copies will be available in the local shops and the Post Office.

> Ballina Road field

The recent purchase of 24.8 acres of land on the Ballina Road is a great boost for the local community. Many of you will be familiar with the property and have memories of going there to the Agricultural Show. It is ideally situated close to the town on the main road, and runs down to a beautiful, picturesque section of the River Deel at the other end. The property has great potential - have your say on its future development, your suggestions are important. Please drop any ideas for the use of the field through the letterbox, post them to The Enterprise Centre, Mullenmore Street or complete the survey online which can be found at www.s.surveyplanet.com/gnYnCHKan





Coronavirus
COVID-19
Public Health
Advice



COVID-19 Vaccine AstraZeneca® safety update

Information provided on March 19th 2021 by:
Covid_Stakeholder@health.gov.ie

The European Medicines Agency (EMA) has recommended the AstraZeneca COVID-19 vaccine as safe and effective, whose benefits outweigh the risks, following a review of potential side effects carried out this week.

What are the common side effects or symptoms people may get after receiving COVID-19 Vaccine AstraZeneca® vaccine?

We know that side effects of COVID-19 Vaccine AstraZeneca® usually happen in the first couple of days after the vaccine, and go away after a few days

After the AstraZeneca COVID-19 vaccine, more than 1 in 10 people may experience:

- Feeling tired
- Tenderness, bruising, pain, redness or itching in the arm where they had the vaccine injection
- Headache
- Muscle pain
- Joint pain
- Nausea, diarrhoea or vomiting
- Fever (*temperature of 38 degrees Celsius or above*)

More than one in 100 people may have redness or swelling where they had the injection.

It is common to develop a fever (temperature of 38 degrees Celsius or above) after any vaccination. This usually happens within 2 days (48 hours) of getting the vaccine. It usually goes away within 2 days.

If you feel uncomfortable, take paracetamol or ibuprofen following the instructions on the box or leaflet.

Where to find ongoing COVID-19 Vaccination Information

We encourage everyone to read about the COVID-19 vaccine and to get their information from a factual, trusted source – here is a link to information on the vaccine: check.gov.ie/covid19vaccine for information about the vaccine.

> Know your Social Media Acronyms!

- BTW** By the way
LOL Laugh out loud
OOTD Outfit of the day
YOLO You only live once



YOLO

Snippets

> New name suggestions for the Day Centre

As you know, the Day Centre has been in existence for a few years now. Over this time, it has become a place for people to get together to participate in an organised activity and have a chat over a cup of tea. We are very pleased with its success and are really looking forward to adding more activities when the current restrictions on group gatherings is lifted. We are changing the name and we're looking for suggestions to better reflect what goes on there. Please write, phone, text or email any ideas for a name, and if yours is the deciding name you will receive a gift.

> Local Link Community Bus

The Local Link Community Bus covers Kilmurry, Keenagh, Eskeragh, Moygownagh and back to Crossmolina with two separate runs every Friday. Adhering to strict COVID-19 distancing guidelines the service is reliable and prompt.



It can pick up passengers in the town also. Please contact the office on 096 30935 if you would like further information.

> Aqua Park at Lough Conn

There's great excitement locally, in the county press and online about the possibility of an Aqua Park at Lough Conn. The proposed water activity attraction is currently being discussed in collaboration with Mayo Co. Council. It will be the answer to the wishes of many generations of Crossmolina folk who have long hoped that this amazing natural amenity would be developed for the benefit of all.

> Message in a Bottle

An Emergency Information Scheme

Message in a Bottle simply directs the emergency services to your information, stored in a plastic bottle which is kept in the fridge; vulnerable people or those with a medical condition enter their details on the form inside the bottle. It will include a photograph, health details, emergency contact, doctor, whether there are pets that need looking after and much more which will assist the Emergency Services.



It will save the Emergency Services valuable time identifying you and your emergency contacts. By telling whether you have special medication/allergies or not, it is a potential lifesaver and provides peace of mind to users and their friends and families. Please contact us if you would like to receive a bottle.