

Community Connect

Crossmolina
Eskeragh
Keenagh
Kilmurry

crossmolina.ie

Your local updates in the Parish of Crossmolina

Issue 8 | November 2021



Autumn Morning in Crossmolina

©Mike Kinsella

> Community Connect

Since April this year Crossmolina Community Council have produced **Community Connect**, incorporating news items from Crossmolina, Eskeragh, Keenagh and Kilmurry. If you have any items of interest such as prizes, awards, celebrations, new businesses or any good news stories that you would like to feature please send a photo and approximately 100 words or less to info@crossmolina.ie and we will publish it for you.

Community Connect is available on crossmolina.ie for all your friends & family!

Crossmolina
Community Council CLG

How to contact us!

☎ 096 30935

✉ info@crossmolina.ie

Reg charity no. 20048471

> National Trustees' Week 2021

Crossmolina Community Council are honoured to have been chosen to represent Connacht on a panel for National Trustees Week 2021. The theme of the event is specifically on **"Building Resilience During and Post COVID-19"**. We are asked to share the experiences of how our organisation has built resilience during the pandemic, with a particular emphasis on the role of the Board of Directors. We are expected to focus on how the Code of Governance will help to maintain this resilience post COVID-19. Marie Carolan will represent the Community Council on Friday 19th November.



> Day Centre/Social Club

Bingo, Cards and Knitting groups are up and running and welcomed by all. It is great to see so many people availing of these social activities. Thank you to everyone that has come along, we hope that the few hours out amongst others will make a difference to your life.

Knitting & Crochet: Tuesdays at 11am – 1.00pm in the Enterprise Centre

Card Games: Tuesdays at 8.00pm – 10.00pm in the in the Civic Centre

Bingo: Wednesdays at 1.00pm in the Civic Centre

We are organising a Day Trip to Athlone on 25th November, look out for details in the Parish Bulletin.

> Enniscoe Loop Walks Closure

Enniscoe Loop Walks will be closed to the public from the 1st of November to the 6th of December to allow for maintenance of the walkways.

The good news is that Kaffa Café remains open on Fridays, Saturdays and Sundays.



> Rooms for Rental and Use by Community and Private Groups

Complete package for your Business meetings or Training needs. Board Room and ten station Computer Suite for daily rental. Private, quiet, parking close by, tea/coffee facilities. Can be hired separately or as one. Also suitable for Community Group meetings and training.



Contact 087 218 6560 or info@crossmolina.ie for further information



Coronavirus
COVID-19
Public Health
Advice



COVID-19 Update

COVID-19 infection rates are once again increasing along with hospitalisation and ICU admissions. We will need to continue to monitor the ongoing risk from the disease, including through testing and contact tracing as appropriate.

We will all need to take steps individually and collectively in our everyday lives to keep this risk under control, in particular by:

- Acting fast, isolating and getting tested if we have symptoms
- Wearing our face coverings where appropriate
- Making sure that indoor spaces are well ventilated
- Maintaining adequate social distancing whenever appropriate
- Covering our coughs and sneezes and keeping our hands clean

If you are a close contact of COVID-19

If you have symptoms

If you are a close contact and you have symptoms of COVID-19 you need to:

- Get a COVID-19 PCR test
- Self-isolate (stay in your room)

Do these even if you are fully vaccinated against COVID-19 or had a previous positive COVID-19 PCR test.

A contact tracer will phone you to arrange a COVID-19 PCR test.

People you live with need to restrict movements (stay at home) if they are not fully vaccinated.

If you do not have symptoms

Fully vaccinated

You need to do antigen tests if you are a close contact, are fully vaccinated and do not have symptoms of COVID-19.

A contact tracer will phone you to get an address to post your free antigen tests.

You do not need to restrict movements (stay at home).

Not fully vaccinated

If you are a close contact and you do not have symptoms of COVID-19 and you are not fully vaccinated you need to:

- Get a COVID-19 PCR test
- Restrict your movements (stay at home)

A contact tracer will phone you to arrange a COVID-19 PCR test.

If you develop symptoms of COVID-19

- Self-isolate (stay in your room)
- Get a COVID-19 PCR test

Do these even if you are fully vaccinated. If your symptoms get worse or you are worried about symptoms, phone your GP.

For the latest information visit www.gov.ie/covid

Snippets

> Get to Know Us!

With J.J. and Damian we have featured all ten Directors of Crossmolina Community Council. From the next issue onwards, we will meet the staff.

JJ McLoughlin

J.J. joined Crossmolina Community Council as a Director in March 2021. He has many years' experience of working voluntarily on community groups. J.J. often bring a different and welcome perspective to the Board.



Damian Lavin

Damian also joined the Board of Directors in March 2021. Damian is well associate with Deel Rovers GAA and Crossmolina Festival. He gets actively involved behind the scenes with many community groups including Crossmolina Clean Ups and Colour Crossmolina.



> Classes

A Christmas Craft Class will start on Thursday 18th November 10.00am – 1.00pm, to continue weekly for five weeks. Look out for details in the Parish Bulletin.



> Gardening in November

One remaining flower that can be planted in November is the Tulip, that's if the soil isn't waterlogged or frozen. With regard to vegetables and fruit, November is the time to sow Garlic and Rhubarb. Also, prune dead wood from trees and shrubs and keep fallen leaves off your lawns. Clean and store implements and equipment in readiness for next year. And we all thought that by November we could take a break from the garden!

> Know Your Social Media Acronyms!

DYK Did you know

IDK I don't know

IRL In real life



> Place Names

Shanvolahan / Sean-Bhoth Leathan

Broad old Hut

Tawnakeel / Tamhnach Chaol

Narrow Mountain field

Sranalaghta / Sratha na Leachta

Holm(a piece of flat ground by a river) of the Monument